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#### OPIOID NEEDS ASSESSMENT OVERVIEW

# WCA Ad Hoc Task Force on Opioid Abatement Strategies

### What is a needs assessment?

A systematic gathering and analysis of qualitative and quantitative data about the target community to identify and address the local opioid impact. A successful needs assessment will help the community:

- Understand the nature, extent, and impact of identified problems at the local level.
- Uncover community conditions including factors that drive the issue, systems gaps and challenges, disparities across geographic regions and populations, and existing community assets to build upon.
- Identify effective solutions.

# Technical Assistance and Resources Available to WCA and Individual Counties:

- NACo's <u>Opioid Solutions Center</u> will include an Opioid Needs Assessment Toolkit to support local jurisdictions in conducting their needs assessment.
- Opioid Response Network provides free and localized technical assistance; needs assessments are a key area of expertise. Submit a brief description of your request and they'll respond within 48 hours.
- Johns Hopkins Bloomberg School of Public Health has created the <u>Guiding Principles</u> to ensure proper spending of opioid litigation funds.
- WI Department of Health Services offers assistance to provide specific and more localized overdose- related data. Assistance can be requested at DHSDPHDataResourceCenter@dhs.wisconsin.gov.

### **Basic Steps of a Needs Assessment:**

- 1. **Define needs assessment objectives.** (Examples: Understand impacts of opioid use and opioid use disorder (OUD) in our community; Assess assets and barriers related to treatment and recovery services in our community; Determine gaps and needs to decrease overdoses, improve access to treatment, and support long-term recovery).
- 2. **Be realistic about resources, capacity and timeline.** Identify a lead agency/person to support the needs assessment process.
- 3. **Use data to identify the local issue(s).** Identify data sources; Collect data (see Table A for examples of data; hold site visits or other meetings to hear from treatment and recovery providers, people in recovery, people with OUD, etc.); Analyze data collected; Develop themes from what you learn.

### 4. Summarize findings:

- a. Opioid impact (overdose, overdose death, early use by youth, over prescribing, EMS runs, Emergency Department (ED) visits, etc.)
- b. Condition of OUD treatment and recovery services
- c. Condition of risk/protective factors related to substance use (examples of factors)
- d. Identification of gaps and challenges in local systems
- 5. **Identify and prioritize strategies** that can impact the issues identified in the data assessment.
- 6. **Develop recommendations** (connect to guiding principles and opioid remediation uses).
- 7. **Get feedback from stakeholders** on your draft findings; Incorporate feedback into final report.
- 8. Communicate findings to stakeholders and community.
- 9. **Take action**; create an implementation and evaluation plan.

TABLE A: Examples of Data Sources and Types of Data to Assist Needs Assessment

Opioid Related Data	
Type of Data	
Overdose deaths, opioid-related hospital visits, the rate of opioid	
prescriptions dispensed by age	
Toxicology/cause of overdose death; helps understand overdose drug	
trends in community (fentanyl, heroin, meth, etc.)	
Cause of overdose deaths; demographics of who is impacted; conditions	
that led up to death; systems gaps; community recommendations	
Youth substance use data	
Response to overdoses; data can be tricky depending on how coding is	
done; some of this data is available in the state dashboard	
DHS Spike Alert pilot; PDMP dashboard; ED2R+ programs, ODMAP	
programs; peer/rapid response services; human services clinical assessment	
and referral summary; crisis calls	
Type of Data	
Priorities and initiatives to address youth substance use prevention; local	
risk and protective factors that impact youth substance use; drug disposal	
programs	
Availability and access to Narcan and fentanyl test strips; syringe services	
programs	
Number of assessments; rate of OUD compared to other SUD; ease of	
access to assessment, wait times, support for referral to treatment and	
services	

Medical and Social Detox Services: Medial providers, treatment providers, recovery organizations	Availability and access to medical services during detox between assessment and start of treatment; social detox or other safe housing options while people wait for treatment or participate in outpatient treatment
Law enforcement and legal system: local police/Sheriff's departments, DA's office, Human Services	Support services through law enforcement, diversion and supports through DA's office and court system (Drug Court, SOAR/COSSAP programs, harm reduction and SUD services and supports through jail and post release from incarceration); drug disposal programs
Treatment Services: treatment providers, local human services departments	Type of treatment options available including inpatient, outpatient, MOUD (medications for opioid use disorder, i.e. methadone, suboxone, vivitrol) and dual diagnosis SUD/mental health disorders; number of inpatient and outpatient services; barriers to treatment access including wait time, cost/financial support, transportation access, child care services, etc.; availability and access to aftercare services
Recovery Services: local recovery organizations; recovery group leaders (esp. for rural counties)	Availability and access to support meetings for OUD; availability and access to transitional and sober living; barriers to accessing treatment services (transportation, work schedule, child care, language, etc.); peer specialist and recovery coach services; navigation services to community resources;
Overall community risk/protective factor assessment:	Community condition of affordable housing, employment options, transportation access, child care services, access to medical services

# **State Databases Available (many have filters to see county level data):**

Prescription Drug Monitoring Program (PDMP) Controlled Substance Dispensing: The dashboard collects information submitted by pharmacies about controlled substance prescriptions. https://pdmp.wi.gov/statistics/controlled-substance-dispensing

WI Adult Behavioral Risk Surveys: WI surveys that assess risk factors and health indicators among adults, including questions about alcohol and drug use. https://www.dhs.wisconsin.gov/stats/brfs.htm

WI Department of Corrections Overdose Dashboard: Dashboard of overdose events that occurred among adults on community supervision by county. https://doc.wi.gov/Pages/DataResearch/OverdoseDashboard.aspx

**WI Department of Health Services (DHS) Overdose Dashboards:** County-level look at opioid hospital visits, opioid overdose deaths, stimulant hospitalizations, stimulant deaths, and all-drug deaths in Wisconsin. <a href="https://www.dhs.wisconsin.gov/opioids/data-reports-studies.htm">https://www.dhs.wisconsin.gov/opioids/data-reports-studies.htm</a>

WI (DHS) County Opioid Treatment Dashboard: County-authorized Medicaid and private insurance treatment data by county for the state of Wisconsin.

https://www.dhs.wisconsin.gov/opioids/treatment-data-county.htm

WI Department of Justice Uniform Crime Reporting Data Dashboard: Law enforcement incident data dashboard; drug-related offenses by substance type. https://www.doj.state.wi.us/dles/bjia/wibrs-data

**WI Mental Health Statistics:** Reports on gaps, trends, and surveys and a dashboard of mental health services provided by public behavioral health. <a href="https://www.dhs.wisconsin.gov/mh/county-services-dashboard.htm">https://www.dhs.wisconsin.gov/mh/county-services-dashboard.htm</a>

WISH Queries: Create custom data tables based on county, substance type, and demographics for overdose deaths and hospital encounters. <a href="https://www.dhs.wisconsin.gov/wish/opioid/index.htm">https://www.dhs.wisconsin.gov/wish/opioid/index.htm</a> WI State Crime Lab Drug Cases Dashboard: The WI State Crime Lab dashboard details the types of substances found in tested samples. <a href="https://www.doj.state.wi.us/dles/wscl/chemistry/wscl-drug-cases">https://www.doj.state.wi.us/dles/wscl/chemistry/wscl-drug-cases</a>

# National Mental Health and Substance Use Resources Available:

Prevention of Substance Use Overview: <a href="https://www.samhsa.gov/find-help/prevention">https://www.samhsa.gov/find-help/prevention</a>
Risk and Protective Factors Brief: <a href="https://www.samhsa.gov/sites/default/files/20190718-samhsa-risk-protective-factors.pdf">https://www.samhsa.gov/sites/default/files/20190718-samhsa-risk-protective-factors.pdf</a>

Harm Reduction Overview: <a href="https://www.samhsa.gov/find-help/harm-reduction">https://www.samhsa.gov/find-help/harm-reduction</a>
Recovery and Recovery Support Overview: <a href="https://www.samhsa.gov/find-help/recovery">https://www.samhsa.gov/find-help/recovery</a>

Medication Assisted Treatment Overview: <a href="https://www.samhsa.gov/md-neip/recovery">https://www.samhsa.gov/md-neip/recovery</a>

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treatment

**Co-Occuring Substance Use and Mental Health Disorders:** 

 $\underline{https://www.mentalhealth.gov/what-to-look-} \underline{for/mental-health-substance-use-disorders}$ 

Surgeon General Spotlight on Opioids: <a href="https://addiction.surgeongeneral.gov/">https://addiction.surgeongeneral.gov/</a>

#### **Contact Information:**

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