MISSION



Founded in 1963, Meta House is a 501c3 nonprofit organization that ends the generational cycle of addiction by healing women and strengthening families.

PROGRAM

Our continuum of care includes three distinct programs:



Residential Treatment for 35 women & their children

*Meta House offers priority admission to women who are pregnant.



Outpatient Treatment tiered to meet unique needs



Recovery Housing 28 units for women + families



Every \$1 invested in addiction treatment yields a return of between \$4 - \$7 in reduced drug-related crime, criminal justice costs, and theft. When savings related to healthcare are included, total savings can exceed costs by a ratio of 12 to 1. Major savings to the individual and society also stem from greater workplace productivity.

*National Institute on Drug Abuse

Meta House's work impacts several State and local agencies, including:

Dept of Health & Human Services
Dept of Children & Families
Dept of Corrections
Dept of Workforce Development
Dept of Justice
Dept of Safety & Professional Services



In 2021 we served

350 Wisconsin women, 97 of whom were pregnant or postpartum, and 212 children.



Race

50% White 33% African-American 9% Hispanic/Latina 7% Native American

Family

74% were mothers

Mental Health

86% had a co-occurring mental health disorder 75% experienced abuse

Average Age

36 years old

Income

95% annual < \$20k

Education

34% Some college 32% HS graduates 24% No HS diploma 10% College degree

Employment

71% were unemployed

Housing

57% were homeless or unstably housed



2021 BIRTH OUTCOMES

100% were born free of alcohol & illegal drugs.

100% were born with no serious health concerns.

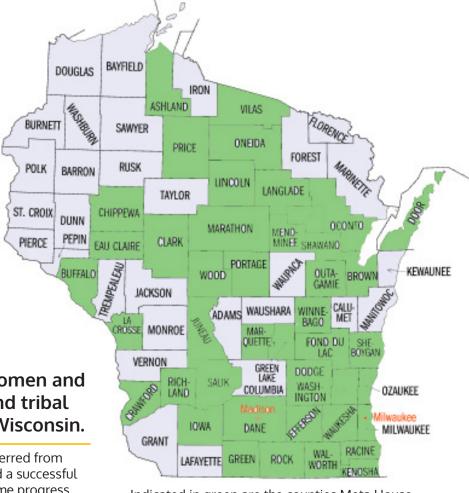
83% were in the normal birth weight range for their gestational age.



SERVING RURAL COMMUNITIES

In 2021, Meta House served women and families from 29 counties and tribal agencies across the State of Wisconsin.

YTD 2022 - 87% of discharged clients referred from counties outside Milwaukee have either had a successful completeion of treatment or had made some progress.



Indicated in green are the counties Meta House has served and/or contracted with 2017 - present.

2021 Program Outcomes



Residential Treatment

For women who stayed 60+ days:

- 81% of women in residential treatment who had Child Welfare involvement improved parenting skills, had children returned to their care, or had increased visitation.
- 97% were abstinent from or reduced their substance use between admission and discharge.
- 100% of the women had not been arrested.



Outpatient Treatment

For women who stayed 90+ days:

- 90% reduced their substance use.
- 71% had stable housing, compared to 48% at admission.
- 96% had not been arrested.



Recovery Housing

For women who stayed 90+ days:

- 88% of women were employed, enrolled in school, had income, or had made progress toward employability.
- 100% of women had not been arrested.



EXPANSION

Meta House is embarking upon an expansion project that will rise to meet the State of Wisconsin's growing need for gender-specific, family-centered addiction treatment. The agency is pursuing the creation of a centralized, multi-dimensional recovery treatment program that supports the full spectrum of services needed to achieve - and thrive - in long-lasting recovery. There are several notable programmatic impacts of this expansion.

This transformational and shovel-ready project will have an immediate impact; increasing Wisconsin's capacity to deliver family-centered residential treatment for women by over 20%.

Programmatic Impact



Double the capacity in its residential treatment program from 35 beds to 100.



Expand the scope of on-site services through partnerships & co-location collaboration.



Create a pipeline of mental health professionals through the creation of a robust internship program. Meta House will provide clinical supervision and intern positions for therapists, care staff, and Peer Support Specialists.

